Presenters booked for:
*Cancer as a Turning Point, From Surviving to Thriving™*

25th Anniversary ♥ Stories of Healing

Sacramento, CA
September 8, 2018

**Nasha Winters, ND, FABNO, L.Ac, Dipl.OM**, is the visionary and CEO of Optimal Terrain™. She works to educate clients, doctors, and researchers worldwide on how to apply integrative oncology philosophically and therapeutically. Passionate about nourishing, quality food and its implications in healing or poisoning the body while targeting many of the processes that drive cancer, she co-wrote *The Metabolic Approach to Cancer* with Jess Kelley, MNT.

Dr. Winters was diagnosed with Stage 4 Ovarian Cancer when she was 19 years old. Twenty-five years later she is lecturing and attending oncology-centric conferences worldwide. She will speak about what she believes were the major factors that have contributed to her thriving. [http://OptimalTerrainConsulting.com/](http://OptimalTerrainConsulting.com/)

**Amy D. Webb, PhD**

As an Organizational Psychologist, Amy coached and trained thousands of leaders to deepen their capacity to understand and transform their life stories. From decades of this intensive individual, group and team development work, she adapted lessons to guide her through her experience of breast cancer. Now an 11-year survivor, she continues to discover the extraordinary in the ordinary, and to write about becoming more awake along the way. Her first book, *Stones at the Crossing: Aiming True on My Journey from Scared to Sacred*, was published last fall. In it she gives witness to her own transformation, and invites readers to open fully to the elements of their own resilience. She and her husband reside in Pawleys Island, South Carolina.

**Terri Tate, RN, MS**, is a nationally recognized speaker, author and humorist. She had a 2% chance of surviving disfiguring oral cancer, which was first diagnosed in 1991. Since Terri regained her voice, she has inspired audiences around the country with her spirited stories, using lessons from her own struggle to support those facing life challenges. In 2007, with the help of the Lloyd Symington Foundation, she produced a DVD of her hilarious one-woman show, *Shopping as a Spiritual Path*, which was distributed to cancer agencies that reach the underserved.

Terri chronicles finding her own internal wisdom and crafting her healing path in her new memoir, *A Crooked Smile*, with an introduction by Anne Lamott, which was published in November, 2016 by Sounds True. [www.acrookedsmile.com](http://www.acrookedsmile.com) and [www.territate.com](http://www.territate.com)
Susan Mazer, Ph.D. and Dallas Smith, internationally known concert artists and composers, pioneered music as environmental design in creating healing healthcare environments. Harpist Susan Mazer and woodwinds performer Dallas Smith are most known for their extraordinary sound, which merges the aesthetics of jazz, classical, and world music into an experience that feeds both the intellect and the spirit. They are the founders of Healing HealthCare Systems®, who produces The C.A.R.E.™ Channel, the only 24-hour relaxation programming available now to over 1,000 hospitals nationally. With a catalogue of over 25 recordings and three decades of their musical partnership, they will share their music with us.

www.healinghealth.com

When Jan Adrian, MSW, was diagnosed with cancer, she wanted to focus on healing the whole person instead of curing the body only. Not finding resources available for this, she founded Healing Journeys, a 501(c)(3) non-profit organization, and created the Cancer as a Turning Point, From Surviving To Thriving™ conference. During Jan’s 28 years of living with cancer, she has had three primary cancers, numerous local recurrences, and currently is living with breast cancer metastasized to the lungs. She is the Executive Director of Healing Journeys and was previously the co-director of the Center for Health Awareness in San Jose, CA.

www.healingjourneys.org

Sacramento Taiko Dan is a community based non-profit organization, formed in 1989 by a group of people who wanted to study the art of Taiko. The multi-cultural group, comprised of members ranging in age from 9 years old to over 70, is directed by Tiffany Tamaribuchi, a former performing member and current guest artist of the prestigious San Francisco Taiko Dojo. The word TAIKO means “big drum.” It is the word commonly used to describe the art of Japanese drumming, used for healing and religious ceremonies and once an integral part of Japanese life. www.sactaiko.org
In 1992, Amikaeyla Gaston survived a hate crime that killed her, and luckily she came back to life. She was targeted and intentionally run over by a truck and spent a year and a half in the ICU and burn ward healing herself and alleviating her pain by discovering the power of music. She has brought this experience of personal restoration to her work in the health arena over the past 20 years. She travels the world extensively as a cultural arts ambassador for the state department, bringing together artists and healers of all forms and from all specialties to promote healing and wellness through the arts & activism. Amikaeyla is the Founder and Executive Director of the International Cultural Arts & Healing Sciences Institute (ICAHSI). As a musician, she uses her voice as a catalyst for the voices of those that are not often heard. Due to her work and studies with traditional healers and cultural artists, coupled with her interest in the biological and psychological healing effects of music, she was invited to perform in India at the request and invitation of His Holiness the Dalai Lama at the Inaugural Festival of Sacred Chanting and Singing for the commemoration of the Golden Buddha. http://icahsi.org/