A conversation among a patient, doctor and naturopath:

Paula Gaudette is a naturopathic physician in private practice in Seattle, Washington. She was diagnosed with advanced breast cancer in 2002, and after undergoing chemotherapy and radiation, she chose to focus on nutrition as the foundation for bountiful, long-lasting health. Paula grew up in Northern California and started performing in Qigong and Meditation from a young age. She is currently based in Seattle and offers workshops and classes throughout the Pacific Northwest.

Ben Chue, MD

Ben Chue, MD is a naturopathic physician and a consultant in Seattle Cancer Treatment and Wellness Center. He has a background in integrative medicine and has written extensively on the importance of nutrition in cancer prevention and treatment. Ben is a graduate of Bastyr University and has a degree in naturopathy.

Jonna Tamases

Jonna Tamases is a performing artist and social activist based in Seattle, Washington. She became a></p>

Eliza Livingston

Eliza Livingston was diagnosed with a rare and severe form of cancer, Synovial Sarcoma. Determined to sing and live through her suffering, she sought treatment in Classical Chinese medicine, including herbs, acupuncture and Qigong. Recognizing that colon cancer remains a disease of secrecy and shame, she has become an advocate for open communication and transparency.

Gary Malkin

Gary Malkin is a writer, speaker, and teacher who has dedicated his life to exploring the connection between creativity and inner transformation. He is the author of several books, most recently The Seven Levels of Healing, which has been translated into over 20 languages. Gary is known for his ability to help people find their inner voices and express their creativity.

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The purpose of this program is to educate, inspire, connect, and celebrate all those whose lives have been touched by cancer or any life-altering illness.

- Cancer or any life-altering illness can be viewed as both a curse and a blessing.
- Diet and nutrition can help control cancer and promote wellness.
- Who should attend:
  - Women touched by cancer or any life-altering illness.
  - Healthcare providers.
  - People supporting friends or family touched by cancer or other illnesses.

Conference Information

- Monday, July 10, 2006 - 9 a.m. to 5 p.m.
- Tuesday, July 11, 2006 - 9 a.m. to 5 p.m.
- Wednesday, July 12, 2006 - 9 a.m. to 5 p.m.
- Thursday, July 13, 2006 - 9 a.m. to 5 p.m.
- Friday, July 14, 2006 - 9 a.m. to 5 p.m.

Speaker Information:

- Eliza Livingston
- Gary Nuñez
- Suzanne Grace
- Kris Caldwell, Certified QiQong Instructor
- Mark Nepo
- Eric Cox
- Debra Janis
- Sista Monica Parker

Conference Themes:

- From Surviving to Thriving
- Rekindle hope and motivation to live fully in the present
- Celebrate the healing capacity of the human spirit
- Differentiate between curing the body and healing the person
- Inclusion of patients with disabilities
- Incorporate stories, music and laughter as part of the healing process
- Blocks of rooms are being held at the following Seattle hotels, both 6 blocks from Meany Hall.

Additional Registration Information:

- There is no charge to attend this program; pre-registration is suggested.

IN-KIND SUPPORT

- Cancer LifeLine

CONTACT HEALING JOURNEYS

- 800-423-9882
- info@healingjourneys.org
- www.healingjourneys.org

Thank you for helping us make this possible, your donations are greatly appreciated.

DONATION FORM - HEALING JOURNEYS PROGRAMS 2006

- Only donations will be accepted.
- No cash accepted.
- Donations are tax-deductible.
- All donations are acknowledged.

FORM A CHECK PAYABLE TO HEALING JOURNEYS

- $100 (or multiples)
- $200 (or multiples)
- $500 (or multiples)
- $1,000 (or multiples)

Make checks payable to Healing Journeys, P.O. Box 221417, Sacramento, CA 95822-1417

SEND A MESSAGE TO HEALING JOURNEYS

- info@healingjourneys.org

CANCER AS A TURNING POINT

- From Surviving to Thriving
- Seattle Cancer Care Alliance
- Puget Sound Cancer Center
- Northwest Hospital & Medical Center
- Swedish Cancer Institute
- Harrison Medical Center

OTHER ILLNESS__________________________________

PURPOSE

- To educate, inspire, connect, and celebrate all those whose lives have been touched by cancer or any life-altering illness.

WHO SHOULD ATTEND

- Individuals and families touched by cancer or any life-altering illness.
- Healthcare providers.
- People supporting friends or family touched by cancer or other illnesses.

CONFERENCE OBJECTIVES

- Facilitate healing from within as an essential component of total health.
- Facilitate the physical and emotional benefits of group support.
- Incorporate stories, music and laughter as part of the healing process.
- Blocks of rooms are being held at the following Seattle hotels, both 6 blocks from Meany Hall.

LUXURY ACCOMMODATIONS

- Preferred rates: $169 single
- Preferred rates: $109 traditional single
- Additional adults $10 per night
- Additional adults $10 per night
- Reserved rates: $135 single
- Reserved rates: $99 traditional single

LUNCH INFORMATION

- Please circle your choice. No lunch orders after July 4th.
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PAYMENT INFORMATION

- Check or money order made payable to Healing Journeys.
- Payment is due in full by July 4, 2006.
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- Make checks payable to Healing Journeys, P.O. Box 221417, Sacramento, CA 95822-1417
- Fax (916) 391-1004
- www.universityinnseattle.com
- P.O. Box 221417
- Seattle, WA 2006