



### REGISTRATION

To register, fax this form to 916-391-1004 or mail it to Healing Journeys, PO Box 221417, Sacramento, CA 95822. You may also register online at [healingjourneys.org](http://healingjourneys.org) or 360-792-6869.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Email \_\_\_\_\_

Check here if you need special seating arrangements because of hearing, visual or mobility impairments. Please describe \_\_\_\_\_

#### Name Tag

Your name tag is color coded to help you connect with others. Please indicate the following that apply to you, including a cancer or other diagnosis.

- Cancer \_\_\_\_\_  Family member or friend
- Metastatic cancer \_\_\_\_\_  Health professional
- Other illness \_\_\_\_\_  Prefer not to be identified

#### Lunch Information

- Hormone-free chicken or turkey  Vegetarian
- I'll bring my own

#### Contact Hours for Health Professionals

\$70 for 7 contact hours

Name \_\_\_\_\_

License # \_\_\_\_\_ Type of license \_\_\_\_\_

Payment:

- Credit Card (check one)  MasterCard  Visa

Card number \_\_\_\_\_

Expiration date \_\_\_\_\_

Signature \_\_\_\_\_

Check. Make payable and mail to Healing Journeys, PO Box 221417, Sacramento, CA 95822.

# educate inspire connect celebrate

Cancer or any life-altering illness can be viewed as both a curse and a blessing. 🌸 If viewed simply as a disease of the body, it is experienced only as a curse. 🌸 When viewed in the context of the whole person—*body, mind, emotions and spirit*—we see its transformative potential, as an awakening for the soul and spirit. 🌸 Only then can we see it as a blessing.

Approved for Continuing Education for RN, MFT and LCSW

cancer  
as a  
turning point  
from surviving to thriving™  
September 15, 2007

HARRISON MEDICAL CENTER  
2520 Cherry Avenue  
Bremerton, WA 98310

# cancer as a turning point

from surviving to thriving™

Saturday, September 15 ▪ 9 am to 5 pm  
Crossroads Neighborhood Church  
Bremerton, WA



*A free program to educate,  
inspire, connect, and celebrate  
those touched by cancer  
or any life-altering illness.*



# Healing Journeys

Cancer as turning point:  
from surviving to thriving™

September 15 ▪ 9 am to 5 pm  
Crossroads Neighborhood Church  
7555 Old Military Road NE, Bremerton, WA

## PROGRAM

- 8:00 am Check in  
9:00 Invocation: Ed Midkiff, Suquamish Tribal Elder  
Sista Monica Parker: Hero Song  
9:30 Michael Lerner, PhD: *Healing with Cancer: Strategies for Ourselves, our Communities and the Earth*  
10:30 Break  
11:00 A Healing Story  
11:20 Local Panel: *What Can Patients and Family Do to Enhance Health?*  
Brian Kim, MD; Kay Morgan, PhD; Cathy Rogers, ND; Kay Buitenveld, RN, MBA, OCN  
12:15 pm Lunch & networking groups  
1:30 Guided meditation  
1:40 Terri Tate, RN, MS: *Shopping as a Spiritual Path*  
2:30 Break  
3:00 Rev. Debra Jarvis: *It's Not About the Hair*  
3:45 Sista Monica Parker: Singing to Heal and Inspire  
4:30 Celebration of Heroes

## Thank You

We are grateful for the support of our friends and partners:  
The Pam Foster and Liz Austin Fund  
Harrison Medical Center Foundation  
Harrison Medical Center Dietary Services

## PROGRAM SPEAKERS



### SISTA MONICA PARKER

Award-winning singer and songwriter, Sista Monica is one of the most sought after blues, soul and gospel singers on the international music scene. A cancer survivor, she contends, "It surely was the music and grace of God that kept me alive!"



### TERRI TATE, RN, MS

Inspirational humorist and performer, Terri's cancer battle taught her to overcome obstacles with grace and humor. She now performs for healthcare providers—*Wit and Wisdom from Both Sides of the Bed*—and in a one-woman show *Shopping as a Spiritual Path*.



### MICHAEL LERNER, PhD

Author of *Choices in Healing: Integrating the Best of Conventional and Complementary Approaches to Cancer*, Dr. Lerner is founder of Commonweal, a health and environmental research institute in Bolinas, CA, and co-founder of the Commonweal Cancer Help Program, featured in the PBS series *Healing and the Mind*.



### DEBRA JARVIS

Rev. Jarvis is an oncology chaplain at the Seattle Cancer Care Alliance. A cancer survivor and advocate for finding humor and balance in life, she authored *It's Not About the Hair: And Other Certainties of Life and Cancer*. She also created The Existential Expedition, a renewal program for medical staff.

## LOCAL PANEL DISCUSSION: What Can Patients and Family Do to Enhance Health?



### BRIAN KIM, MD, FACP

is the medical oncologist for The Doctors Clinic in Bremerton and one of seven medical oncologists on Harrison's medical staff. He received his medical degree from the University of Oklahoma College of Medicine and completed his residency and fellowship in medical oncology at Atlanta's Emory University.



### CATHY ROGERS, ND

is a naturopathic physician specializing in natural mind-body approaches to mental health restoration through self-care. She was a leader in the development of the naturopathic profession at Bastyr University during its accreditation process in the 1980s and as founding director of the American Association of Naturopathic Physicians.



### KAY MORGAN, PhD

has been a psychotherapist in Kitsap County for 20 years. She is author of several published articles and essays, and has taught at seminars and conferences at the University of Washington; Tacoma Community College; Olympic College; Snake River Institute (Jackson Hole, Wyoming); and Quartz Mountain, Oklahoma.



### KAY BUITENVELD, RN, MBA, OCN

is director of Acute Care Services, including oncology care, for Harrison Medical Center and facilitates Kitsap County's breast cancer and I Can Cope support groups. She is a member of the Oncology Nursing Society and the Washington Organization of Nurse Executives.

## INFORMATION

### Registration

Choose one of the following:

- ONLINE at [healingjourneys.org](http://healingjourneys.org).
- CALL Harrison Medical Center's Marketing & Communications Department at 360-792-6869.
- MAIL completed registration form or a photocopy (one per participant) to Healing Journeys, PO Box 221417, Sacramento, CA 95822.
- FAX the completed registration form to 916-391-1004.

Because space is limited, please let us know if, after you've registered, you are unable to attend.

### Food

Light breakfast foods, lunch\*, and an afternoon snack will be provided at no charge. You're also welcome to bring your own.

### \*Lunch

Upon registration, please indicate your choice of hormone-free poultry or vegetarian. Deadline for lunch orders is September 10.

### Contact Hours for Healthcare Professionals

Healing Journeys is approved by the California Board of Registered Nursing and the California Board of Behavioral Services, both accepted by Washington boards. Cost to participants is \$70 for 7 contact hours. No refunds can be granted after September 1.

### More Information

800-423-9882 or 360-473-4984  
[healingjourneys.org](http://healingjourneys.org)  
[harrisonmedical.org](http://harrisonmedical.org)

### About Healing Journeys

Healing Journeys, a non-profit organization based in Sacramento, CA, is dedicated to assisting people with cancer and other life-altering illnesses to access their healing potential and ability to thrive. Breast cancer survivor Jan Adrian founded Healing Journeys in 1994 to offer resources to support physician-directed care and effect healing by addressing psychosocial, and spiritual needs. Thousands of people have attended her conference, *Cancer as a Turning Point, From Surviving to Thriving™*, held in cities across the nation. The program is free to all, supported by sponsorships and donations.

