**WHAT:**  *Awakening the Healer Within* - an experiential introduction to both the why and the how of tapping your inner resources for awakening, promoting and supporting the healing process.

**WHEN:** November 5, 2008, 9 a.m. to 3:30 p.m.

**WHERE:** Red Lion-Arden Village, Sacramento, CA

**WHO:** Emmett Miller, MD, internationally acknowledged as one of the fathers of Holistic and Mind/Body Medicine, is a physician, scientist, musician, and master storyteller.

Dr. Miller will explore the principles of self-healing, current findings in psychoneuroimmunology (the effect of thoughts on the immune system), and the process through which thoughts and images become biochemistry.

Here is what some attendees said about his presentation at the Healing Journeys conference on September 14:

- Extremely moving; powerful; shifting.
- Best guided visualization I have every heard.
- Opened a new world for me.
- Very insightful to myself and healing. I had no idea I could heal myself and in such a short time. Thank you!

You can view more information and register on-line at [http://www.healingjourneys.org/pages/miller08/miller.html](http://www.healingjourneys.org/pages/miller08/miller.html)

- 5 Continuing Education credits offered for RN, MFT, and LCSW

I hope you will take advantage of this opportunity to learn from the Master. And be sure to tell a friend!

In the spirit of healing,

Jan Adrian, MSW
Founder and Executive Director
Healing Journeys
[www.healingjourneys.org](http://www.healingjourneys.org)