

**Healing Journeys Presents:**  
**Awakening the Healer Within**  
**with Emmett Miller, MD**

There are vast resources within every individual that may work for or against healing. In this workshop, Dr. Miller will explore the principles of self-healing, current findings in psychoneuroimmunology (the effect of thoughts on the immune system), and the process through which thoughts and images become biochemistry. This workshop is an experiential introduction to both the why and the how of tapping your inner resources for awakening, promoting and supporting the healing process.

**when: Saturday, April 4, 2009**

**9:00 a.m. to 3:30 p.m**

**where: San Mateo Marriott**

**1770 South Amphlett Blvd.**

**San Mateo, CA 94402**

**\$99.00 if registered by Feb. 28**

**\$125.00 if registered by March 31**

**\$150.00 late registration or walk-in**

**Approved for 5 CEs**

**[www.healingjourneys.org](http://www.healingjourneys.org)**

**(916) 391-0549/(800) 423-9882**



**Emmett Miller, MD, internationally acknowledged as one of the fathers of Holistic and Mind/Body Medicine, is a physician, scientist, musician, and master storyteller, whose multicultural heritage has given him a unique social, medical, and spiritual perspective. His deep relaxation/guided imagery CDs have been recommended and used worldwide by hospitals & health professionals for more than 30 years.**

**Healing**  
  
**Journeys**

**support healing, activate hope, promote thriving**