

Although there is no charge to attend the conference, pre-registration is necessary.

Name _____
Address _____
City _____ State _____ Zip _____
Phone _____ Email _____

PLEASE REGISTER ME FOR:

- Entire Conference Sat. 6/6 only Sun. 6/7 only
- Sunday Worship Service, 8:15am
- Cancer Survivors' Day Celebration on 6/7/09, 1:30-3:30

MEAL INFORMATION-Please note that NO lunch orders can be taken after June 1.

- Saturday Lunch**
 - Regular lunch \$15.
 - Vegetarian lunch \$15.
 - No lunch, but will attend networking groups.
 - I will not attend lunch/networking session.
- Sunday Brunch**
 - Brunch (vegetarian menu) \$15.
 - No brunch, but will attend networking groups.
 - I will not attend brunch/networking session.

NAME TAG INFORMATION

- Your name tag will be color-coded to help you connect with others.
Please check which category best describes you:
- Breast Cancer Family Member or Friend
 - Other Cancer _____ Health Professional
 - Other Illness _____ Prefer not to be identified

HEALTH PROFESSIONALS CONTINUING EDUCATION (CE)-if applicable

- I want CEs.
License # _____ Kind of License _____
- \$95/Conf - 10 CEs \$75/Sat - 7 CEs \$35/Sun - 3 CEs

PAYMENT

Sat. Lunch \$15	\$	MC/VISA # (only) _____
Sun. Brunch \$15	\$	Exp. Date _____ Security Code _____
CEs	\$	CC Billing Address _____ Same as above
Donations*	\$	Other _____
TOTAL Amount Enclosed	\$	Signature _____

____ Check Enclosed (payable to Healing Journeys)

To register by mail or fax, fill out this form and send to:

Healing Journeys
P.O. Box 221417
Sacramento, CA 95822
Fax: (916) 391-1004

*This conference is made available free of charge by the generous contributions of our sponsors and by your donations, which are fully tax-deductible.

Registration

You may register for the conference by mailing this form (or a photocopy) to: Healing Journeys, PO Box 221417, Sacramento, CA 95822 or faxing it to: (916) 391-1004.
On-line registration is available on the Web at: www.healingjourneys.org.

Networking

An important part of the conference is the opportunity to meet and talk with other survivors and caregivers. Specific networking time is provided during meals and breaks. Participants are also encouraged to visit the Exhibit area which includes information about our sponsors, cancer-related services and a bookstore.

Meals

Cost for meals is \$15 per day. Individuals who are on a restricted diet may bring their own food. Deadline for orders is June 1; no refunds are available after that date. Saturday evening dinner is not included. The conference center restricts the bringing in of any outside food or beverages (with the noted exception). Limited snacks and beverages will be available on site.

Hotel Accommodations

Special room rates are available to conference participants at the Phoenix Inn. Deadline for guaranteed rate is May 15th.

*The Phoenix Inn, 246 North Pleasantburg Drive (.3 miles from the conference; shuttle service available)
(800) 257-3529 (864) 233-4651 www.phoenixgreenvillesinn.com (mention Healing Journeys)
\$85 per day (single or double), including full American breakfast buffet*

Information about other nearby accommodations is available at Visitor' Bureau.
www.greenvillcevb.com (Haywood Road or Main Street Areas)

Continuing Education

Healing Journeys is approved by the California Board of Registered Nursing, Provider No. CEP 10808 and by the California Board of Behavioral Sciences, Provider No. PCE 953. South Carolina Boards will accept California approval. Cancellations, requested in writing or online before June 1st, will be charged a \$15 administrative fee; no refunds are available after June 1.

More Information

If you need more brochures or you have questions, please call: (864) 255-5010 or visit www.healingjourneys.org.

Approved for Continuing Education for RN, MFT, and LCSW

Carolina First Center
Greenville, SC
www.healingjourneys.org

Cancer as a Turning Point

from surviving to thriving™
June 6 & 7, 2009

Healing Journeys
support healing, activate hope, promote thriving
PO Box 221417, Sacramento, CA 95822

Healing Journeys Presents

Cancer as a Turning Point

from surviving to thriving™

June 6 & 7, 2009

Carolina First Center
(formerly the Palmetto Expo Center)
Greenville, SC
One Exposition Drive
Greenville, SC 29607
*Approved for 10 CE
for RN, MFT, and LCSW*

A free conference designed to educate, inspire, connect, and celebrate those touched by cancer or any life-altering illness.

The relative purpose of medicine is to relieve symptoms and to cure disease. But there is also an ultimate purpose, which extends beyond the physical realm to include the mind, heart and spirit of every patient and, indeed, of humanity as a whole.
~Jeremy Geffen, MD

Presented by:



Cancer as a Turning Point

from surviving to thriving™

Saturday, June 6, 2009

- 9:00 Introduction - Jan Adrian, MSW
- Hero Song - Beth Nielsen Chapman
- 9:30 *The Seven Levels of Healing: Celebrating Life and Spirit on the Journey Through Cancer* - Jeremy Geffen, MD
- 10:30 Break - Book signing by Jeremy Geffen, MD
- 11:00 Healing Story - Daniel Davenport and Karen Loving
- 11:20 *Food for Thought* - Shayna Komar, RD, LD
- 12:15 Lunch Networking Groups
- 1:30 Beth Nielsen Chapman, singer/songwriter
- 1:45 *Cancer Fitness* - Anna Schwartz, FNP, PhD, FAAN
- 2:30 *Finding the Magic* - Chad Juros
- 3:15 Break - Book signing by Anna Schwartz; CD signing by Beth Chapman
- 3:45 Healing Story - Dianne P. Chiles, PHR
- 4:00 *Next Steps - What can I do?*
Panel moderated by Jeff Giguere, MD
Shayna Komar, RD, LD-nutritionist Anna Schwartz, FNP, PhD, FAAN-fitness
Suzanne Fanning, DO-physician Tracie Mertz, PhD-psychologist
- 4:50 Closing music - Beth Nielsen Chapman
- 5:00 End of Program

Sunday, June 7, 2009

- 8:15 Worship service - (optional)
- 9:15 Introduction and Announcements - Jan Adrian
- 9:25 *My Travels with Will and Morty* - Neil Caesar
- 9:45 *If It's Not About the Hair, Then What is it About?* - Debra Jarvis
- 10:30 Brunch - Book signing by Debra Jarvis
- 11:30 *Music of Hope* - Anita Burroughs-Price
- 12:05 *The Power of Hope* - David Feldman, PhD
- 12:55 Celebration of Heroes
- 1:00 End of program and book signing by David Feldman, PhD

Cancer Survivors' Day Celebration

June 7, 2009
1:30-3:30 PM
Carolina First Center - Ballroom

Plan to join friends and family after the conference at the 19th Annual National Cancer Survivors Day Celebration. This informal, free event features entertainment, refreshments, door prizes and plenty of opportunities to Celebrate Life. Pre-registration is recommended but not required.

CONFERENCE PRESENTERS



Jeremy R. Geffen, MD, FACP
is a board-certified medical oncologist, a Fellow of the American College of Physicians and a pioneer in integrative medicine and oncology. Dr. Geffen is author of the highly-acclaimed book *The Journey Through Cancer: Healing and Transforming the Whole Person* (Three Rivers Press, 2006) and integrative medicine program *The Seven Levels of Healing*®.



Anna L. Schwartz, FNP, PhD, FAAN
is Executive Medical Director of Rehabilitation Systems and an Affiliate Professor at University of Washington. Her book, *Cancer Fitness: Exercise programs for patients & survivors*, published by Simon & Schuster, brings the science of cancer and exercise to patients, survivors and their families. She is also an avid horsewoman and runs a horse therapy program for cancer patients, survivors and their families.



Shayna Komar, RD, LD
is a Registered and Licensed Dietitian in Atlanta, GA. Shayna currently contracts with Cancer Wellness of Piedmont Hospital where she provides individual counseling, cooking workshops and group lectures for cancer patients and caregivers. She focuses her energy on educating the cancer patient on how to use food as a part of their medicine before, during and after treatment.



Beth Nielsen Chapman
is a singer-songwriter, breast cancer survivor and environmental activist. She has written songs for Bonnie Raitt, Emmylou Harris, Bette Midler, Elton John, Neil Diamond, Faith Hill, Willie Nelson and more. Nashville NAMMY'S 1999 Songwriter of the Year, Beth teaches workshops internationally on creativity, songwriting and grief.



Anita Burroughs-Price
is principal harpist for the North Carolina Symphony and harp instructor at Furman University. Her great love is playing for individuals facing personal challenges. Her CD *Healing Touch* won Hollywood's Excellence in Media Silver Angel Award and has raised over \$16,000 for families in crisis in North Carolina.



David B. Feldman, PhD
is an assistant professor of counseling psychology at Santa Clara University. His passion is to help victims of trauma and potentially life-threatening medical illness experience growth and embrace life despite significant adversity. His book, *The End-of-Life Handbook: A Compassionate Guide to Connecting with and Caring for a Dying Loved One*, was written for families facing the serious illness of a loved one.



Debra Jarvis
"the irreverent reverend with something to say," is an ordained minister in the United Church of Christ. She is a breast cancer survivor and the author of *It's Not About the Hair: And Other Certainties of Life & Cancer* (Sasquatch Books, 2007). She has worked as a hospice spiritual counselor and currently serves as a per diem chaplain for the Seattle Cancer Care Alliance.



Chad Juros
is a two-time cancer and brain surgery survivor who has been an award-winning magician since the age of seven. Chad is a 21-year-old college student in New Jersey and is the founder of the Spread the Magic Foundation, a NJ non-profit that spreads magic to children with cancer in the hopes that they can find the magic in their life as he did.

Cancer as a Turning Point

from surviving to thriving™

The purpose of this conference is to educate, inspire, connect and celebrate all whose lives have been touched by cancer or any life-altering illness.



The 2009 conference is dedicated to Robin Davenport (1942-2008) whose vision it was to bring the Healing Journeys conference to the East Coast. She taught us to be our own advocates, inspired us to live every moment fully, and connected us to ourselves and to each other; it is her passion and legacy we now celebrate.

Who Should Attend

- Anyone touched by cancer or any life-altering illness
- Caregivers, family members, or friends of someone touched by cancer or other illness
- Physicians, Nurses and other Healthcare Providers

The Healing Process

- Cancer, or any life-altering illness, can be viewed as both a curse and a blessing.
- If viewed simply as a disease of the body, it is experienced only as a curse.
- When illness is viewed in the context of the whole person (body, mind, emotions and spirit), we see its transformative potential as an awakening for the soul and spirit and a call to action.
- Only then can we see it as a blessing and utilize its gifts.

Conference Objectives

- Differentiate between curing the body and healing the person
- Explore illness as an awakening with transformative potential
- Rekindle hope and motivation to live fully in the present
- Rediscover the healing capacity of the human spirit
- Facilitate healing from within as an essential component of total health
- Incorporate stories, music and laughter as part of the healing process
- Experience the physical and emotional benefits of group support
- Convey how diet and nutrition can help control cancer and promote wellness