

Healing Journeys is a non-profit organization whose mission is to support healing, activate hope, and promote thriving.



“This conference has given me hope for all of my patients and has shown me how to help them feel more empowered.”



“The presentations helped me to be less fearful and have less anxiety about the death of myself and loved ones.”



“Fabulous! We are so grateful to you for creating such an insightful program. This approach is so effective. You touch the soul and inspire healing.”

Support Us

Join us in our mission to support healing, activate hope, and support thriving. Help us make a difference in the lives of those affected by cancer and other life-altering illnesses. Healing Journeys inspires hope and empowers people to live life fully even with illness. Your tax-deductible donation will help us continue offering the FREE conference, **Cancer as a Turning Point, From Surviving to Thriving™**, and provide media resources to expand our audience.

You can make a donation in the following ways:

- Website: www.healingjourneys.org
- Mail: Send your check made out to:
Healing Journeys, P.O. Box 221417,
Sacramento, CA 95822
- Phone: (800) 423-9882

Healing Journeys is a 501 (c)(3) organization.
Our Tax ID # is 77-0379046

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support healing, activate hope, promote thriving

*We are all
on a healing
journey—*

The nautilus is an ancient symbol of the spiral of life and represents the continual motion of growth in all of our lives.



An experience that will stay with you forever

Imagine a gathering filled with hope, support, comfort and love, a gathering unlike any you have ever experienced before. You're surrounded by people who understand what it means to be touched by cancer or any life-altering illness. They too have heard a diagnosis that changed their lives and they too have fought and survived. While we each take a different path to healing, there are many ways we are all connected by the journey.

Healing Journeys is proud to offer **Cancer as a Turning Point, From Surviving to Thriving™**, a unique program that makes a genuine difference in the lives of patients, survivors, families, support persons and health care professionals. The focus of this one-of-a kind program is on healing the whole person. The conference addresses essential elements of mind, body, spirit, and emotions through lectures, music, theater, art, movement and story sharing.

Participants feel empowered by learning how to augment their medical programs, inspired by the stories of others, uplifted by knowing they are not alone, and stirred by the profound effect of music and laughter.

Sponsors

Cancer as a Turning Point, From Surviving to Thriving™ has been offered as a two-day national conference or as a one-day regional program.

Here are some of our past sponsors:

American Cancer Society
 Bill and Melinda Gates Foundation
 California Pacific Medical Center, San Francisco
 Cancer Centers of the Carolinas
 Chiron Foundation
 Harrison Medical Center, Bremerton, WA
 Kaiser Permanente
 River City Bank, Sacramento, CA
 San Jose Mercury News, San Jose, CA
 Sutter Cancer Center, Sacramento, CA
 University of California Davis Cancer Center
 University of California San Francisco Cancer Center

Accessing our Services

We invite you to visit our website at www.healingjourneys.org to find out more about our conferences and upcoming events. You can sign up to receive our e-newsletter. We offer DVDs, podcasts, CDs and a wealth of valuable resources on our site. Our selection of products and services, benefit concerts, and related workshops fulfills our mission of supporting healing, activating hope, and promoting thriving.



Jan Adrian, founder and cancer survivor

It began with a personal cancer experience

Healing Journeys' founder and executive director is Jan Adrian, a breast cancer survivor. During her course of treatments she realized that treating the physical body, while necessary, would not be enough to completely heal her. There had to be a connection on many levels: physical, psychological and spiritual. She believed all should be addressed in order to successfully move toward total health.

Combining the needs she felt as a cancer survivor with her experience in teaching seminars to health professionals on healing from within, Jan designed the conference called **Cancer as a Turning Point, From Surviving to Thriving™**.

Since 1994, our conferences have been attended by over 15,000 people. Our vision is that EVERYONE touched by cancer or any life altering illness be empowered to move from surviving to thriving.

