



support healing, activate hope, promote thriving

presents

*Transformation from Within*  
November 22 – 24, 2014  
Westerbeke Ranch  
Sonoma, CA



Join us for a powerful weekend of inspiration and renewal with Jonathan Ellerby, PhD.

Relax into the inner life that nourishes your heart and restores your soul.

Jonathan Ellerby, PhD is the author of *Return to the Sacred*, *Inspiration Deficit Disorder* and *The Promise of Paradise*. Jonathan is a popular expert on the topics of spiritual growth, well-being, and cross-cultural approaches to health and healing.

Enjoy healthy organic meals, hot tub, pool, massage, beautiful walks around the ranch, 3 days of rest and mindfulness practices in the healing power of nature...

Ahhhh



Jonathan Ellerby

*“Your life knows a lot more about where you are going than you do...”*

Jonathan Ellerby, PhD

*Trust your intuition...*

*Accept change with gratitude...*

*Treat yourself with kindness ...*



Westerbeke Ranch

Register online at  
[www.healingjourneys.org](http://www.healingjourneys.org)

Early bird from \$495 by November 1, 2014.

Off-site \$375

for more information

call (415) 233-8482 or (916) 391-0549