



support healing, activate hope, promote thriving



presents
**The Cancer-Fighting
Kitchen**

W O R K S H O P

This workshop is designed to educate participants on learning to fortify health and create an optimal physical 'terrain' through the preparation, cooking and eating of nutritional food.

CANCER-FIGHTING KITCHEN WORKSHOP

presented by **Lise Alschuler, ND** and
Laura Pole, RN, MSN:

October 4, 2013 • 9a.m. -3p.m.

Center for Spiritual Awareness
1275 Starboard Drive
West Sacramento, CA 95691

Approved for 6 CE credits for RN, MFT, LCSW.
Pending approval for RD/DTR.

UNABLE TO ATTEND IN PERSON?

Watch and learn from last year's
workshop in Los Gatos, CA.

Order the DVDs today at
www.healingjourneys.org

Visit www.healingjourneys.org to:

- Register for the workshop
- Order the book
- Order DVDs from the workshop
- Request a workshop for your community

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