

20th ANNIVERSARY

Celebration of Thriving

Friday, Sept. 5, 2014, 7:00 pm - 9:00 pm

and

CANCER as a

TURNING POINT

From Surviving to Thriving™

Saturday, Sept. 6, 2014, 9:00 am - 5:00 pm

BOTH APPROVED FOR CE CREDITS FOR RN, MFT, LCSW

"The person exists on many levels...
physical, psychological and spiritual...
and none of these can be reduced to any other. To more
successfully toward health, all must be treated."

Dr. Lawrence LeShan

www.healingjourneys.org

Healing Journeys

support healing, activate hope, promote thriving

presents

FREE

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Both events approved for Continuing Education credits

The Heritage Theatre, Campbell, CA (near San Jose)

www.healingjourneys.org

EVENT PRESENTERS

FRIDAY - 20TH ANNIVERSARY CELEBRATION OF THRIVING



JEAN SHINODA BOLEN, MD, is a Jungian analyst, activist, and the author of *Close to the Bone: Life-Threatening Illness as a Soul Journey* and *Artemis: The Indomitable Spirit in Everywoman*; *Goddesses in Everywoman*; *Gods in Everyman*; *The Tao of Psychology: Synchronicity and the Self*; and eight other books. She is in three acclaimed documentaries: *Women Healing the World*; the Academy-Award winning anti-nuclear film: *Women—For America, For the World*; and *Goddesses Remembered*. Jean is an advocate at the United Nations for a 5th World Conference on Women (5WCW), a former board member of the Ms. Foundation for Women, and a Distinguished Life Fellow of the American Psychiatric Association. www.jeanbolen.com



SUSAN MAZER, PhD AND DALLAS SMITH, internationally known concert artists and composers, pioneered music as environmental design in creating healing healthcare environments. Harpist Susan Mazer and woodwinds performer Dallas Smith are most known for their extraordinary sound, which merges the aesthetics of jazz, classical, and world music into an experience that feeds both the intellect and the spirit. They are the founders of Healing HealthCare Systems®, who produce The C.A.R.E.™ Channel, the only 24-hour relaxation programming available now to over 800 hospitals nationally. www.healinghealth.com



EMMETT MILLER, MD, one of the fathers of Holistic and Mind/Body Medicine, is a physician, scientist, musician, and master storyteller. His multicultural heritage has given him a unique social, medical, and spiritual perspective. Author of numerous books, including *Deep Healing: The Essence of Mind/Body Medicine*, he is probably best known for his creation of the first deep relaxation/guided imagery tapes (1973). Now on CDs and DVDs, these healing products are recommended and used by top hospitals and health professionals. Dr. Miller was the founder and Medical Director of the world's first Cancer Support and Education Center, in Menlo Park, CA (1977). www.drmliller.com

SATURDAY - CANCER as a TURNING POINT CONFERENCE



LISE ALSCHULER, ND, a naturopathic doctor board certified in naturopathic oncology, has been practicing since 1994. She maintains a naturopathic oncology practice, Naturopathic Specialists, based in Scottsdale, AZ. Dr. Alschuler is an independent consultant in the area of practitioner and consumer health education. She is the Executive Director of TAP Integrative, a nonprofit educational resource for integrative practitioners. Dr. Alschuler co-authored *The Definitive Guide to Cancer and The Definitive Guide to Thriving After Cancer*. She co-created <http://www.FiveToThrivePlan.com>, and co-hosts a radio show, *Five To Thrive Live!* on the Cancer Support Network about living more healthfully in the face of cancer. www.drlise.net



JONATHAN ELLERBY, PhD, is the author of two bestselling Hay House titles: *Return to the Sacred and Inspiration Deficit Disorder*, and a newer book, *The Promise of Paradise*. He is a popular expert on spiritual growth, total wellbeing, and cross-cultural approaches to health and healing. Jonathan is the co-founder of TAO Inspired Living, a wellness retreat center and residential community devoted to total wellbeing and inspired living based in the Riviera Maya of Mexico. The former Spiritual Program Director for the acclaimed Canyon Ranch Health Resorts, he has over 20 years of experience in holistic healing, spiritual counseling, integrative medicine, and corporate consulting. www.jonathanellerby.com



CHARLIE LUSTMAN is a husband, father, and singer/songwriter, who travels the world with the Musical HOPE Campaign performing songs about his cancer journey. When he was diagnosed with an extremely rare form of cancer (Osteosarcoma) in his upper jaw bone, he made it his mission to make cancer survival popular. Charlie has written a collection of songs about surviving cancer, entitled, *Made Me Nuclear*. Bringing his positive and inspirational musical message to theatres, cancer centers, and health conferences, Charlie is doing what he was left on the planet to do: making a difference to everyone going through the ultimate challenge. www.mademenuclear.com



JULIE INTERRANTE, MA, is committed to the evolution of the self through the power and wisdom of one's own soul. She has more than 25 years of experience in working with people in the midst of life-altering circumstances. She is an adjunct professor in the Department of Psychology at Sacramento City College; a speaker; minister; and writer; and is the author of *The Power of a Broken-Open Heart*. She offers classes and workshops as well as individual and group counseling in Sacramento, CA. A gifted speaker and teacher, Julie brings humor, compassion and a deep respect for life to all that she does. www.julieinterrante.com



JONNA TAMASES is an actress and 3-time cancer survivor (Hodgkin's Disease, Large-Cell Lymphoma, Breast Cancer). She has turned her experience into a highly acclaimed one-woman show, *Jonna's Body, Please Hold*. The show has received rave reviews and was nominated for two Ovation Awards: Best World Premiere Play and Best Lead Actress. The recently released movie version has won 6 national film festival awards, including Audience Award for Best Comedy Short (Asheville Film Festival), Best Short Comedy and Best in Show (MAGA Film Festival), and Best Actress (2009 Show of Your Shorts Festival). www.jonnasbody.com and www.jonnasbodymovie.com



BETH NIELSEN CHAPMAN, twice Grammy-nominated (1999 and 2014) singer-songwriter, breast cancer survivor, and environmental activist, has written songs for Bonnie Raitt, Emmylou Harris, Bette Midler, and more. Her recordings include *Sand & Water*, written and recorded following the death of her husband from cancer in 1994, performed by Elton John on his 1997 U.S. tour; *Deeper Still*, following her successful treatment for breast cancer, and *Prism-The Human Family Songbook*, sung in nine languages. Beth's music has been featured in TV and movies. She teaches workshops internationally on Creativity, Songwriting, and Grief, and serves on the Board of Directors of Healthy Child Healthy World. www.bethnielsenchapman.com

Cameo appearances by Emmett Miller, Susan Mazer and Dallas Smith.

CANCER as a TURNING POINT

From Surviving to Thriving™

- * Cancer or any life-altering illness can be viewed as both a curse and a blessing.
- * If viewed simply as a disease of the body, it is experienced as a curse.
- * When we view illness in the context of the whole person (body, mind, emotions and spirit), we see its transformative potential as an awakening for the soul and spirit. Only then can we see it as a blessing and utilize its gifts.

CONFERENCE OBJECTIVES

- * Differentiate between curing the body and healing the person.
- * Rekindle hope and motivation to live fully in the present.
- * Explore illness as an awakening with transformative potential.
- * Celebrate the healing capacity of the human spirit.
- * Convey how diet and nutrition can help control cancer and promote wellness.
- * Facilitate healing from within as an essential component of total health.
- * Experience the physical and emotional benefits of group support.
- * Incorporate stories, music and laughter as part of the healing process.
- * Explore the impact of psycho-social and spiritual practices on the immune system.
- * Facilitate connection among people and organizations with common goals and concerns.

20th ANNIVERSARY Celebration of Thriving

Healing Journeys was founded 20 years ago on the knowledge that healing comes from the inside, involving the whole person – body, mind, and soul. Our anniversary celebration will be about activating our inner healer – through our stories, our environments, our imaginations, and music.

The purpose of these programs is to educate, inspire, connect, and celebrate all whose lives have been touched by cancer or any life-altering illness.

20th Anniversary Celebration of Thriving

Friday, Sept. 5, 2014, 7:00 pm - 9:00 pm

Jean Shinoda Bolen, MD
Susan Mazer & Dallas Smith
Emmett Miller, MD

Cancer as a Turning Point, From Surviving to Thriving™

Saturday, Sept. 6, 2014, 9:00 am - 5:00 pm

Lise Alschuler, ND Jonna Tamases
Jonathan Ellerby, PhD Julie Interrante, MA
Charlie Lustman Beth Nielsen Chapman

Cameo appearances by Emmett Miller, Susan Mazer and Dallas Smith.

Program Designer and Emcee:
Jan Adrian, MSW, Founder and Director of Healing Journeys

The Heritage Theatre
1 W. Campbell Avenue
Campbell, California 95008

WHO SHOULD ATTEND

- * Women and men touched by cancer or any life-altering illness.
- * Healthcare providers.
- * People supporting friends or family touched by cancer or other illnesses.

HEALING JOURNEYS BOARD OF DIRECTORS

Lynne Singer, President
Terri Reasoner, PhD, Secretary
Jan Adrian, MSW, CFO

Lloyd Barde
Carolyn Chamberlain, MBA
Cathleen Ferraro, MA

Fran Haynes, MFT
Susan Mazer, PhD
Deborah Wilder, MA

EVENT INFORMATION

OUR COMMITMENT TO DIVERSITY

Healing Journeys is committed to diversity and pledges to include, welcome, and support all individuals of any race, ethnicity, national origin, gender, age, socioeconomic background, religion, sexual orientation and disability.

LUNCHES

Lunch on Saturday will be networking time and we encourage everyone to participate in this important activity. You can order lunch or bring your own lunch. Our cost for lunch is \$13. Lunch must be ordered by September 1st and there can be no refunds for lunch.

HOTEL

If you need to stay overnight, please check our website for hotel information and discounts.

CONTINUING EDUCATION

Healing Journeys is approved by the California Board of Registered Nursing, Provider No. CEP 10808 and by the California Board of Behavioral Sciences, Provider No. PCE 953.

- * Friday only: 2 CE credits – \$25
- * Saturday only: 6.5 CE credits – \$65
- * Both events: 8.5 CE credits – \$85

There will be no refunds after September 1st.

REGISTRATION

Please fill out a separate registration form for each person. Although there is NO CHARGE to attend these programs, pre-registration is recommended.

Online: www.HealingJourneys.org
Mail: Healing Journeys, P.O. Box 221417, Sacramento, CA 95822
FAX: (916) 391-1004

CANCELLATIONS

Cancellations of Continuing Education credits received in writing or online before September 1st will receive a refund less a \$25 administrative fee. We regret that there can be no refunds after September 1st.

MORE INFORMATION

If you need more brochures, or you have questions, please call:
(916) 391-0549 or (800) 423-9882, or email info@healingjourneys.org.

MAJOR FUNDING CAME FROM:

Donald Richards
Susan Mazer and Dallas Smith
Richard Seward, Jr.
FamiliesCAN - The Ronald Whittier Family Foundation

EVENT REGISTRATION FORM

CAMPBELL, CA - SEPTEMBER 5 & 6, 2014

Note: You may register online, at www.HealingJourneys.org, or by mailing or faxing this form

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

DAY PHONE _____ EMAIL _____

I AM REGISTERING FOR

Both Events Friday, September 5 Saturday, September 6

NAME TAG INFORMATION

Your name tag will be coded to help you connect with others. Please select the category that best describes you. If diagnosed with cancer or other illness, please state what kind.

- Breast Cancer Health Professional
 Metastatic Breast Cancer Family Member/Support Person
 Other Cancer _____ Other Illness _____
 Prefer not to be identified

OPTIONAL CONTINUING EDUCATION (CE) for Health Professionals

\$85/Both events - 8.5 credits \$25/Friday - 2 credits \$65/Saturday - 6.5 credits
License # _____ Kind of License _____

LUNCH INFORMATION

Please check mark your lunch for Sat. 9/6 - no orders after 9/1. No refunds for lunch. Lunches are from Whole Foods.

- Poultry - \$13 Vegan - \$13 Bringing my own - \$0
 Gluten-Free: Poultry - \$13 Gluten-Free: Vegan - \$13

DONATE TO KEEP HEALING JOURNEYS CONFERENCES FREE

Although it costs us \$75 per person, we are committed to keeping *Cancer as a Turning Point* FREE. No one is ever turned away. Your tax-deductible donations help us keep this commitment. Please donate as generously as you can.

- \$75 (1 person) \$65 \$50
 Other (fill in amount below) Sorry, unable to donate now

PAYMENT INFORMATION (all are optional)

Tax Deductible Donation	\$ _____	MasterCard/Visa # _____
Lunch	\$ _____	Exp Date: _____ Security Code: _____
CEs	\$ _____	Billing Address: <input type="checkbox"/> Same as above
Total	\$ _____	Other: _____
		Signature _____
		Total amount enclosed \$ _____

MAKE CHECKS PAYABLE TO HEALING JOURNEYS
TO REGISTER BY MAIL OR FAX, PLEASE COMPLETE THIS FORM AND SEND TO
Healing Journeys * P.O. Box 221417 * Sacramento, CA 95822 * Fax (916) 391-1004
or register at www.healingjourneys.org