

Healing Journeys, Inc.

P.O. Box 221417, Sacramento, CA 95822

# CANCER as a TURNING POINT From Surviving to Thriving

September 8 & 9, 2012  
Scottish Rite Center  
Sacramento, CA

*"The person exists on many levels...  
physical, psychological and spiritual...  
and none of these can be reduced to any  
other. To move successfully toward health,  
all must be treated."*

Dr. Lawrence LeShan

APPROVED FOR 12 CE CREDITS FOR RN, MFT, LCSW  
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[www.healingjourneys.org](http://www.healingjourneys.org)

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# Healing Journeys

support healing, activate hope, promote thriving

Presents

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A FREE  
PROGRAM DESIGNED TO  
Educate, Inspire,  
Connect and  
Celebrate



**GLENN SABIN** is a 21-year cancer "thriller" who created a comprehensive, integrative oncology approach to achieve a complete pathological remission of his CLL (chronic lymphocytic leukemia)—considered an "incurable" disease—without conventional intervention. Glenn's case has been chronicled through Dana-Farber Cancer Institute and his personal oncologist, a Harvard Medical School dean. After a 25-year career in media and marketing, Glenn sold his business in 2009 to launch his firm, FON Therapeutics, born out of his personal journey with cancer. Through FON, Glenn provides patient coaching consultations and clinic and business development services to support the advancement of integrative medicine. [www.fontherapeutics.com](http://www.fontherapeutics.com)

**LISE ALSCHULER, ND** is board certified in naturopathic oncology and has been practicing naturopathic medicine for 18 years. She is co-author with Karolyn Gazella of *The Definitive Guide to Cancer: An Integrative Approach to Prevention, Treatment and Healing*, now in its 3rd edition. Their last book, *Five to Thrive: Your Cutting-Edge Cancer Prevention Plan*, was published in September 2011. They have created CancerThrivers, a multimedia initiative dedicated to sharing information about integrative cancer prevention and treatment. Dr. Alschuler is a cancer "thriller." [www.drlise.net](http://www.drlise.net)



**NINA WISE** is a playwright, performance artist and director. Since earning her degree in Religious Studies and the Aesthetics of Movement, Nina has devoted her career to developing theater that addresses the complex relationship between body, intellect, and spirit. Her original works have won awards for playwriting, innovative design, and new theater. Her book, *A Big New Free Happy Unusual Life*, was published by Broadway Books in 2002 and her stories and articles have been published in numerous anthologies and journals. She is the Artistic Director of Motion Institute and the founder of Motion Theater® a form of autobiographical improvisation. [www.ninawise.com](http://www.ninawise.com)



**MARIANNE WILLIAMSON** is an internationally acclaimed author and lecturer. Six of her ten published books have been New York Times Best Sellers. Four of these have been #1 New York Times Best Sellers. *A Return to Love* is considered a must-read of The New Spirituality. A paragraph from that book, beginning "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure..." — often misattributed to Nelson Mandela's Inaugural address — is considered an anthem for a contemporary generation of seekers. She has been a popular guest on television programs such as Oprah, Larry King Live, Good Morning America, and Charlie Rose. In December 2006, a NEWSWEEK magazine poll named Marianne Williamson one of the fifty most influential baby boomers. [www.marianne.com](http://www.marianne.com)



**SACRAMENTO TAIKO DAN** is a community-based non-profit organization, formed in 1989 by a group of people who wanted to study the art of Taiko. The multi-cultural group, comprised of members ranging in age from 9 years old to over 70, is directed by Tiffany Tamaribuchi, a former performing member and current guest artist of the prestigious San Francisco Taiko Dojo. The word TAIKO means "big drum." It is the word commonly used to describe the art of Japanese drumming, used for healing and religious ceremonies and once an integral part of Japanese life. [www.sactaiko.org](http://www.sactaiko.org)



## CONFERENCE PRESENTERS

**KELLY ANN TURNER, PhD** is a researcher, lecturer, and consultant in the field of Integrative Oncology. Her research focus is the "Unexpected Remission" of cancer, which is a remission that occurs either in the absence of Western medicine or after Western medicine has failed to achieve remission. Her dissertation research included a year-long trip during which she traveled to 10 different countries to interview 50 holistic healers and 20 unexpected remission survivors about their healing practices. Kelly is currently writing a book that summarizes these research findings, and launching a website that will continue to collect cases of Unexpected Remission. [www.KellyAnnTurner.com](http://www.KellyAnnTurner.com)



**JONATHAN ELLERBY, PhD** is the CEO of TAO Inspired Living, a new wellness-retreat center and exclusive residential community devoted to total wellbeing and inspired living based in the Riviera Maya of Mexico. The author of two bestselling Hay House titles, *Return to the Sacred* and *Inspiration Deficit Disorder* and the new book, *The Promise of Paradise*, Jonathan has become a popular expert on the topics of wellbeing and cross-cultural approaches to health and healing. The former Spiritual Program Director for the acclaimed Canyon Ranch Health Resorts, Jonathan has over 20 years of experience in the fields of holistic healing, spiritual counseling, integrative medicine, and corporate consulting. [www.jonathanellerby.com](http://www.jonathanellerby.com)



**TERRI TATE, RN, MS** is a speaker, storyteller and consultant whose life and voice were threatened by two bouts of oral cancer from which she had a 2% chance of survival. But her sense of humor was never in danger. Terri's hilarious solo show, *Shopping as a Spiritual Path*, chronicles life's challenges and triumphs. Terri also offers customized keynotes, workshops and webinars. Audiences across the country are moved to laughter, tears and standing ovations by her powerful performances. Terri teaches storytelling classes that emphasize healing, comfort in speaking, and building the humor muscle. Terri is putting the finishing touches on her memoir, *As Is*, with an introduction by Anne Lamott. [www.territate.com](http://www.territate.com)



**KAREN DRUCKER** has recorded 14 CDs of her original inspirational music and also wrote a book, *Let Go of the Shore: Stories and Songs that Set the Spirit Free*. She has been a professional comedienne, and was a performer and spokesperson for "Bread and Roses" (performing in convalescent hospitals, prisons, children's hospitals). She has been a music director of New Thought Churches, as well as a music director and "music weaver" for many spiritual conferences and retreats. Karen has been called "a master of communicating presence and spirituality through music." She loves making music, making a difference, and touching hearts. [www.karendrucker.com](http://www.karendrucker.com)



ALSO  
ANN ROACH & SOUL LIGHT CONNECTION  
TOTALLY TAPIOCA  
REVEREND MICHAEL MORAN

# CANCER as a TURNING POINT

## From Surviving to Thriving™

The purpose of this program is to educate, inspire, connect, and celebrate all whose lives have been touched by cancer or any life-altering illness.

- \* Cancer or any life-altering illness can be viewed as both a curse and a blessing.
- \* If viewed simply as a disease of the body, it is experienced as a curse.
- \* When we view illness in the context of the whole person (body, mind, emotions and spirit), we see its transformative potential as an awakening for the soul and spirit. Only then can we see it as a blessing and utilize its gifts.

### WHO SHOULD ATTEND

- \* Women and men touched by cancer or any life-altering illness.
- \* Healthcare providers.
- \* People supporting friends or family touched by cancer or other illnesses.

### CONFERENCE OBJECTIVES

- \* Differentiate between curing the body and healing the person.
- \* Rekindle hope and motivation to live fully in the present.
- \* Explore illness as an awakening with transformative potential.
- \* Celebrate the healing capacity of the human spirit.
- \* Convey how diet and nutrition can help control cancer and promote wellness.
- \* Facilitate healing from within as an essential component of total health.
- \* Experience the physical and emotional benefits of group support.
- \* Incorporate stories, music and laughter as part of the healing process.
- \* Explore the impact of psycho-social and spiritual practices on the immune system.
- \* Facilitate connection among people and organizations with common goals and concerns.

### Thank you to our Partners

UC Davis Comprehensive Cancer Center  
Susan G Komen for the Cure - Sacramento Valley Affiliate

Mercy Cancer Institute  
Genentech  
Spiritual Life Center  
FamiliesCan

A FREE  
PROGRAM DESIGNED TO  
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Connect and  
Celebrate

## CONFERENCE INFORMATION

September 8, 2012 9:00 - 5:00  
September 9, 2012 9:00 - 3:30  
Check-in will begin at 8:00 a.m. on Saturday  
Scottish Rite Center  
6151 H St., Sacramento, CA

### SATURDAY, SEPT. 8

Ann Roach  
Glenn Sabin  
Lise Alschuler, ND  
Soul Light Connection  
Nina Wise  
Marianne Williamson  
Sacramento Taiko Dan

### SUNDAY, SEPT. 9

Totally Tapioca  
Kelly Ann Turner, PhD  
Rev. Michael Moran  
Jonathan Ellerby, PhD  
Terri Tate, RN, MS  
Karen Drucker

### Program Designer and Emcee:

Jan Adrian, MSW, Founder and Director of Healing Journeys

### HEALING JOURNEYS BOARD OF DIRECTORS

Lynne Singer, President  
Nancy McKay, MDiv, Past President  
Terri Reasoner, PhD, Secretary  
Jan Adrian, MSW, CFO

Lloyd Barde  
Carolyn Chamberlain  
Fran Haynes, MFT

Although there is NO CHARGE to attend this program,  
pre-registration is suggested.

## CONFERENCE INFORMATION

### OUR COMMITMENT TO DIVERSITY

Healing Journeys is committed to diversity and pledges to include, welcome, and support all individuals of any race, ethnicity, national origin, gender, age, socioeconomic background, religion, sexual orientation and disability.

### LUNCHES

Lunch will be networking time and we encourage everyone to participate in this important activity. You can order lunch or bring your own lunch. Our cost for lunch is \$15. Lunch must be ordered by September 3rd and no refunds for lunch payments can be made.

### HOTEL ACCOMMODATIONS

A block of rooms is being held at the Sacramento Larkspur Landing Hotel for Friday, September 7, and/or Saturday, September 8, and/or Sunday, September 9 for the special rate of \$89 (plus tax) for Studio Suite or \$109 (plus tax) for One Bedroom Suite, including Complimentary Healthy Start Breakfast, fully equipped kitchen and wireless internet access.

Larkspur Landing Hotel  
555 Howe Avenue  
Sacramento, CA 95825  
916-646-1212

Reservations must be received  
on or before August 10, 2012.  
To make reservations call 916-646-1212  
and ask for the Healing Journeys rate.

### CONTINUING EDUCATION

Healing Journeys is approved by the California Board of Registered Nursing, Provider No. CEP 10808 and by the California Board of Behavioral Sciences, Provider No. PCE 953.

- \* Saturday only: 7 CE credits – \$85
- \* Sunday only: 5 CE credits – \$65
- \* Entire conference: 12 CE credits – \$125

There will be no refunds for CE credits after September 3rd.

### REGISTRATION

Please fill out a separate registration form for each person.

Mail:  
Healing Journeys  
PO Box 221417  
Sacramento, CA 95822

Fax: (916) 391-1004  
Web: www.healingjourneys.org  
Phone: (800) 423-9882 or (916) 391-0549

### CANCELLATIONS

Cancellations of Continuing Education credits received in writing or online by September 3rd will receive a refund less a \$25 administrative fee. We regret that there can be no refunds for CE credits after September 3rd and no refunds for lunch payments.

### MORE INFORMATION

If you need more brochures, or you have questions, please call:  
(916) 391-0549 or (800) 423-9882, or email info@healingjourneys.org

## CONFERENCE REGISTRATION FORM

CANCER as a TURNING POINT  
Sacramento, CA - September 8 & 9, 2012

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

### I AM REGISTERING FOR:

Full conference  Saturday, September 8  Sunday, September 9

### NAME TAG INFORMATION

Your name tag will be color-coded to help you connect with others. Please check the category that best describes you:

Breast Cancer  Family Member / Support Person  
 Metastatic Breast Cancer  Health Professional  
 Other Cancer (specify) \_\_\_\_\_  Prefer not to be identified with a group  
 Other Illness (specify) \_\_\_\_\_

### OPTIONAL – CONTINUING EDUCATION (CE) credits for Health Professionals\*

\$125/conf – 12 credits  \$85/Sat – 7 credits  \$65/Sun – 5 credits

License # \_\_\_\_\_ Kind of License \_\_\_\_\_

\* Cancellations received by **September 3rd** will receive a refund for CEs, minus a \$25 administrative fee.

### LUNCH INFORMATION – Please circle your lunch choice for each day – no orders after Sept. 3rd.

**Note:** The Poultry Lunch is from Whole Foods; the Vegan Lunch is gluten-free and from The Green Boheme.

Day	Lunch Options (no refunds)		
Saturday	Poultry – \$15	Vegan – \$15	Bringing my lunch – \$0
Sunday	Poultry – \$15	Vegan – \$15	Bringing my lunch – \$0

### DONATE TO KEEP HEALING JOURNEYS CONFERENCES FREE

Although it costs us \$86 per person, we are committed to keeping Cancer as a Turning Point FREE. No one is turned away. Your **tax-deductible** donations help keep this commitment. Please donate as generously as you can, thank you. Please **check** your donation option.

\$43 (1 person-1 day)  \$86 (1 person-full conf.)  \$172 (2 people-full conf.)  
 \$430 (5 people-full conf.)  Other (fill in amount below)  Sorry, unable to donate now

### PAYMENT – All Optional

Tax-deductible Donation	\$	<input type="checkbox"/> Check Enclosed <input type="checkbox"/> MasterCard/Visa/Discover #:
CEs	\$	Exp Date: _____ Sec. Code: _____
Lunch	\$	ZIP Code: _____
TOTAL Amount Enclosed	\$	Billing Address: <input type="checkbox"/> Same as above Other: _____ Signature: _____ Total amount enclosed \$ _____

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