QUEEN OF THE VALLEY MEDICAL CENTER PRESENTS

CANCER as a TURNING POINT
From Surviving to Thriving™

Saturday, September 17th, 2011
Lincoln Theater, Yountville, CA (Napa Valley)

Approved for 6 CEs for RN, MFT, LCSW

PRESENTERS FOR CANCER AS A TURNING POINT, FROM SURVIVING TO THRIVING™

Jeremy R. Geffen, MD, FACP, is a board-certified medical oncologist, a Fellow of the American College of Physicians and a leading pioneer in integrative medicine and oncology. He is president of Geffen Visions International and author of the newly-acclaimed book 7 Days Through Cancer: Healing and Transforming the Whole Person (Three Rivers Press, 2006). He is also creator of The Seven Levels of Healing®, a leading-edge integrative medicine and oncology program which is now being offered in multiple cancer centers in the US. This program integrates state-of-the-art conventional cancer treatments with a wide array of complementary therapies designed to help patients and family members heal and transform at the deepest levels of the body, mind, heart, and spirit. www.geffenvisions.com

Lise Alschuler, ND, is board certified in naturopathic oncology and has been practicing naturopathic medicine for 17 years. Dr. Alschuler is the immediate past-President of the American Association of Naturopathic Physicians. She is co-author with Karolyn Gazella of The Definitive Guide to Cancer: An Integrative Approach to Prevention, Treatment, and Healing, now in its 3rd edition. Their next book, Free to Thrive: Your Cancer Thrivers Plan will be published in September 2011. They have created Cancer Thrivers, a multimedia initiative dedicated to sharing information about integrative cancer prevention and treatment. Dr. Alschuler has received professional recognition and many awards for her work in integrative medicine. www.lisene.net

Jeff Metcalf – A Slight Discomfort – Award-winning playwright Jeff Metcalf has written a remarkably honest – and outrageously funny – play about his experience with prostate cancer. This one-man play, based on his journals, follows Jeff’s journey from diagnosis through his life surviving the disease. A Slight Discomfort is about living – really living. Its universal themes and appeal are not limited to men. As one female audience member put it, “I have prostate – I’ve been married to the same man for 20 years!” It explores the shared experience of being human and dealing with a cancer with grace and humor. A Slight Discomfort takes us from laughter to tears, from blushing to bravo, from thought to action, from triumph to struggle. Sophisticated actor Paul Kasean is Jeff Metcalf, the one-man show that makes women want to hug him and men want to have a beer with him. He is everywhere, www.aslightdiscomfort.com

Gary Malkin is an Emmy award-winning composer and public speaker dedicated to creating music-infused resources and events that inspire the heart, bridge cross-cultural differences, and catalyze individual and collective healing. After a twenty-five year career as a composer for film and television, he started using the power of music for emotional healing through the transitions of our lives. Gary is the co-creator of the acclaimed Grateful Passages and Care for the Journey audio resources which feature music-infused spoken wisdom from the spiritual leaders of our time offering compassion and insight for those facing life transitions. Through his performances, presentations and recordings, Gary is dedicated to promoting an essential role for music and the arts in healthcare, education, and corporate culture in order to promote greater mindfulness, compassion, and a connection to what matters most. www.wisdomoftheworld.com

Marilyn Mandala Schlitz, PhD, is a clinical research scientist, medical anthropologist, writer, speaker, and thought leader. For more than three decades, she has pioneered clinical and field-based research in the areas of human transformation, conscious studies, worldwide literacy and cultural healing. She is the President and CEO for the Institute for Noetic Sciences and Senior Scientist at the Research Institute, California Pacific Medical Center in San Francisco, CA. Dr. Schlitz has published hundreds of articles on consciousness studies in both scholarly and popular journals. She is a visionary leader and an engaging speaker with a rare ability to translate complex ideas into a common sense language that excites the imaginations of her audiences worldwide. Her books include: Consciousness and Healing: Integral Approaches to Mind-Body Medicine and Living Deeply: the Art and Science of Transformation in Everyday Life. www.marilynschlitz.com

The relative purpose of medicine is to relieve symptoms and to cure disease. But there is also an ultimate purpose, which extends beyond the physical realm to include the mind, heart and spirit of every patient and indeed, of humanity as a whole.”

Jeff Metcalf – A Slight Discomfort – award-winning playwright
CONFERENCE ObjectIVES

• Cancer, or any life-altering illness, can be viewed as both a curse and a blessing.

• If viewed simply as a disease of the body, it is experienced only as a curse.

• When we view illness in the context of the whole person (body, mind, emotions, and spirit), we see its transformative potential as an awakening for the soul and spirit.

• Only then can we see it as a blessing and utilize its gifts.

WHO SHOULD ATTEND

• Anyone touched by cancer or any life-altering illness

• Caregivers, family members, or friends of someone touched by cancer or other illness

• Healthcare Providers

CONFERENCE OBJECTIVES

• Differentiate between curing the body and healing the person.

• Explore illness as an awakening with transformative potential.

• Consider how nutrition can help control cancer and promote health.

• Rediscover and stimulate the healing capacity of the human spirit.

• Convey how nutrition can help control cancer and promote healing.

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• Describe the many levels of healing and encourage personal involvement.

• Incorporate stories, music and laughter as part of the healing process.

• Facilitate connection among people and organizations with common goals and concerns.

PROGRAM SCHEDULE

9:00 Introduction – Jan Adrian, MSW

Incorporation – Sister Marian Schubert, CSJ, Vice President, Mission Integration Queen of the Valley Medical Center

9:30 The Seven Levels of Healing: Celebrating Life and Spirit on the Journey Through Cancer – Jeremy Geffen, MD

10:30 Break

11:00 Creating a Body That Cancer Doesn’t Like – Lisa Alcheter, ND

11:50 Lunch Networking Groups

12:05 Song by Gary Malkin

1:15 Next Steps – What can I do?

Queen of the Valley Medical Center panel moderated by Charlotte Stewart, actress and cancer survivor

2:00 A Slight Discomfort – Prostate cancer drama written by Gary Malkin and performed by Paul Kiernan

3:20 Break

3:30 Living Deeply: The Art & Science of Transformation in Everyday Life – Mindy Schmid, MD

4:15 Music is Medicine for the Heart: Utilizing the Power of Music for Emotional and Spiritual Healing – Gary Malkin

5:00 End of Program

Looking for just the right doctor? Call 1.877.QUEENLINE (1.877.783.3654)