

CANCER AS A TURNING POINT

From Surviving to Thriving™

PURPOSE

The purpose of this program is to educate, inspire, connect, and celebrate all whose lives have been touched by cancer or any life-altering illness.

- Cancer or any life-altering illness can be viewed as both a curse and a blessing.
- If viewed simply as a disease of the body, it is experienced only as a curse.
- When we view illness in the context of the whole person (body, mind, emotions and spirit), we see its transformative potential, as an awakening for the soul and spirit. Only then can we see it as a blessing and utilize its gifts.

WHO SHOULD ATTEND

- Women and men touched by cancer or any life-altering illness.
- Healthcare providers.
- People supporting friends or family touched by cancer or other illnesses.

CONFERENCE OBJECTIVES

- Differentiate between curing the body and healing the person.
- Rekindle hope and motivation to live fully in the present.
- Explore illness as an awakening with transformative potential.
- Celebrate the healing capacity of the human spirit.
- Convey how diet and nutrition can help control cancer and promote wellness.
- Facilitate healing from within as an essential component of total health.
- Experience the physical and emotional benefits of group support.
- Incorporate stories, music and laughter as part of the healing process.
- Explore the impact of psycho-social and spiritual practices on the immune system.
- Facilitate connection among people and organizations with common goals and concerns.

THANKS TO OUR SPONSORS

Harrison Medical Center
Seattle Cancer Care Alliance
Swedish Cancer Institute

Seattle Cancer Treatment and Wellness Center
Puget Sound Cancer Center

The Puget Sound Affiliate of the Susan G. Komen Breast Cancer Foundation
Northwest Hospital & Medical Center
Valley Medical Center
Rodney B. Wentworth, DDS

IN-KIND SUPPORT

Cancer Lifeline

A Free Program Designed to Educate, Inspire, Connect, and Celebrate

Conference Information

July 8, 2006 - 9 a.m. to 5 p.m.

July 9, 2006 - 9 a.m. to 3:30 p.m.

Check-in will begin at 8 a.m. on Saturday

Meany Hall for the Performing Arts

University of Washington, Seattle

Saturday

Jeremy Geffen, MD

Paula Gardiner

Ben Chue, MD

Mark Gignac, ND, MSA

Lynne Zeller

Expressive Arts group

Jonna Tamases

Jennifer Adler MS, CN

One World Taiko

Sunday

Eliza Livingston

Gary Malkin

Suzanne Grace

Kris Caldwell, Certified Qigong Instructor

Mark Nepo

Eric Cox

Debra Jarvis

Sista Monica Parker

Program Designer and Emcee: Jan Adrian, MSW,
Founder and Director of Healing Journeys

Although there is **NO CHARGE** to attend this program,
pre-registration is suggested.

CONFERENCE INFORMATION

OUR COMMITMENT TO DIVERSITY

Healing Journeys is committed to diversity and pledges to include, welcome, and support all individuals of any race, ethnicity, national origin, gender, age, socioeconomic background, religion, sexual orientation, and disability.

LUNCHES

Lunch time will be networking time. We encourage everyone to stay for lunch. Our cost for a catered lunch is \$12 or \$16 for an organic lunch. If you can pay for your lunch, we appreciate it. You can also donate something to pay for someone else's lunch. If you are unable to cover our cost for lunch, pay whatever you can. You can also bring your own lunch. **No lunch orders can be taken after July 4th.**

HOTEL ACCOMMODATIONS

Blocks of rooms are being held at the following Seattle hotels, both 6 blocks from Meany Hall. Please mention Healing Journeys to receive the discounted room rates **before May 22nd.**

Watertown

4242 Roosevelt Way NE
(206) 826-4242

(866) 944-4242 (toll free)

reservations@watertownseattle.com

www.watertownseattle.com

click on "Group Reservations"

Reserved rates: \$135 single

Additional adults \$10 per night

University Inn

4140 Roosevelt Way NE
(206) 632-5055

(800) 733-3855

reservations@universityinnseattle.com

www.universityinnseattle.com

click on "Group Reservations"

Reserved rates: \$99 traditional single

Additional adults \$10 per night

CONTINUING EDUCATION

Healing Journeys is approved by the California Board of Registered Nursing, Provider No. CEP 10808, and by the California Board of Behavioral Sciences, Provider No. PCE 953. Washington boards will accept California approval.

- Saturday only: 8 contact hours - \$95.00
- Sunday only: 6 contact hours - \$70.00
- Entire program: 14 contact hours - \$150.00

There will be no refunds after July 4, 2006.

REGISTRATION

Please fill out a separate registration form for each person. You may photocopy the form. You may register:

- By fax at (916) 391-1004
- On the web at www.healingjourneys.org
- By mail: Healing Journeys, PO Box 221417, Sacramento, CA 95822

CANCELLATIONS

We regret that there can be no refunds of lunch payments or Continuing Education payments after July 4, 2006. Please let us know if you register and are not able to attend since our space is limited.

MORE INFORMATION

If you need more brochures, or you have questions, please call: (800) 423-9882 or (916) 391-0549, or email jan@healingjourneys.org.

HEALING JOURNEYS BOARD OF DIRECTORS

Jan Adrian, MSW, Founder and Executive Director
Nancy McKay, MDiv, President
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Sista Monica Parker
Terri Reasoner, MS
Lynne Singer, Northwest Committee Chair

REGISTRATION FORM CANCER AS A TURNING POINT Seattle, WA 2006

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

DAY PHONE _____ EMAIL _____

I AM REGISTERING FOR

Full Conference Saturday, July 8 Sunday, July 9

NAME TAG INFORMATION

Your name tag will be color coded to help you connect with others. Please select the category that best describes you. If diagnosed with cancer or other illness, please state what kind.

- Cancer _____ Health Professional
 Metastatic Cancer _____ Family Member/Support Person
 Other Illness _____ Prefer not to be identified

LUNCH INFORMATION – Please circle your choice. **No lunch orders after July 4th.**

Day	Poultry	Hormone-Free Poultry	Organic Vegetarian	I'll bring my own lunch
Both Days	\$24	\$32	\$32	\$0
Saturday	\$12	\$16	\$16	\$0
Sunday	\$12	\$16	\$16	\$0

OPTIONAL CONTINUING EDUCATION (CE) for Health Professionals

Yes, I want CE Credits

License # _____ Kind of License _____

\$150/conf-14 credits \$95/Sat-8 credits \$70/Sun-6 credits

Check here if you need special seating arrangements because of hearing, visual, or mobility impairments.

Describe _____

You can help keep Cancer as a Turning Point™ FREE by donating generously!

PAYMENT INFORMATION (all are optional)

Tax Deductible Donation	\$ _____	MasterCard/Visa # _____	
Lunch	\$ _____		Exp. Date: _____
Continuing Education	\$ _____		Signature _____
Total	\$ _____		Total amount enclosed \$ _____

MAKE CHECKS PAYABLE TO HEALING JOURNEYS
TO REGISTER BY MAIL OR FAX, PLEASE COMPLETE THIS FORM AND SEND TO
Healing Journeys ♦ P.O. Box 221417 ♦ Sacramento ♦ CA 95822 ♦ Fax (916) 391-1004
or register at www.healingjourney.org