

CONFERENCE PRESENTERS



JEFF KANE, MD has devoted the past twenty-eight years of his practice to the facilitation of cancer support groups. He founded the support programs at Sutter Cancer Center in Sacramento and Sierra Nevada Cancer Center in Grass Valley, CA, where he serves as Director of Psychosocial Education. He is the author of *Be Sick Well* and *The Healing Companion* (and its current paperback edition, *How to Heal*), and dozens of articles on the healing relationship. He teaches personal contact skills to professional and family caregivers across the nation.



LAWRENCE LESHAN, PhD is a research and clinical psychologist who has worked with people with cancer for over fifty years. His research has led them to find new, often effective ways to triumph over their illness by using the challenge as a turning point to change and enrich their lives. Dr. LeShan was the recipient of the Gardner Murphy Award (American Society for Psychical Research), the Pathfinder Award (Association of Humanistic Psychology) and the Norman Cousins Award. The author of approximately 100 papers in the professional literature world, Dr. LeShan has penned many books, including *You Can Fight For Your Life*, *Cancer As a Turning Point*, and *How to Meditate*.



RACHEL NAOMI REMEN, MD is Professor of Clinical Medicine at UCSF and Founder and Director of The Institute For The Study of Health and Illness at Commonweal. The Institute is a professional development program for physicians at all levels of training who wish to deepen their capacity for empathy, compassion, understanding and communication. She is the Director of the Institute's course, *The Healer's Art* now taught at UCSF Medical School and 34 other medical schools nationwide. Dr. Remen is Co-founder and Medical Director of the Commonweal Cancer Help Program, featured in the 1993 Bill Moyers PBS series, *Healing and the Mind*. She has a fifty-year personal history of Crohn's disease and her work uniquely blends the viewpoint of physician and patient. She is the author of two best sellers, *Kitchen Table Wisdom: Stories That Heal* (Riverhead, 1996) and *My Grandfather's Blessings: Stories of Strength, Refuge and Belonging* (Riverhead, 2000).



MARTIN L. ROSSMAN, MD, Dipl. Ac. is a physician, acupuncturist, author, and educator known internationally as a pioneer in the field of guided imagery and alternative medicine. He is Founder and Director of the Collaborative Medicine Center in Mill Valley and Co-founder and President of the Academy for Guided Imagery, a postgraduate training organization through which he has taught guided imagery to over 10,000 health professionals since 1982. He is the author of *Fighting Cancer from Within: How to Use the Power of Your Mind For Healing and Guided Imagery for Self-Healing: An Essential Resource for Anyone Seeking Wellness*. Dr. Rossman is a Clinical Associate in the Department of Medicine at UCSF, on the Adjunct Faculty of the California School for Professional Psychology, and a consultant to the Osher Center for Integrative Medicine at UCSF and the Rosenthal Center for Complementary Medicine, Columbia University, New York. His emphasis is on helping patients learn how to help themselves.



and
Osher Center for Integrative Medicine at UCSF
and
Ida and Joseph Friend Cancer Resource Center at UCSF
present

CANCER AND HEALING *Innovative Theories and Practices of Psychosocial Support*

**April 1 & 2, 2005
9 a.m. to 5 p.m.**

**Laurel Heights Conference Center
San Francisco, California**

Healing Journeys, Inc.
P.O. Box 221417, Sacramento, CA 95822

CANCER AND HEALING
*Innovative Theories and Practices
of Psychosocial Support*

**April 1 & 2, 2005
9 a.m. to 5 p.m.**

**LAUREL HEIGHTS CONFERENCE CENTER
SAN FRANCISCO, CALIFORNIA**

In this two-day conference, four nationally-recognized psychosocial support experts will present the concepts and techniques of their craft, and include experiential practice for attendees.

PRESENTERS:

Jeff Kane, MD

Lawrence LeShan, PhD

Rachel Naomi Remen, MD

Martin L. Rossman, MD, Dipl. Ac.

“When will biomedicine finally recognize its moral obligation to provide cancer patients with therapies that build strength, hope and physical resilience?”

— Henry Dreher

From *ADVANCES*, The Journal of Mind-Body Health
(Published by the Fetzer Institute), Summer 1997, Vol. 13, No. 3

Optional 14 CEUs for RN, MFT, and LCSW

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CANCER AND HEALING

Innovative Theories and Practices of Psychosocial Support

PURPOSE

The purpose of this conference is to provide skills that will ease the suffering of people with cancer and other life-threatening illnesses, as well as their caregivers.

Standard medical care can shrink tumors or relieve symptoms, but doesn't formally address the emotional injuries resulting from the disease and its treatments. This conference will present concepts and techniques useful in treating people's fear, anxiety, despair, frustration and loneliness—in short, their suffering.

The conference will also explore caregiver's suffering and the prevention of burnout.

WHO SHOULD ATTEND

- Healthcare professionals, including physicians, nurses, technicians, social workers, psychotherapists, hospice workers, and alternative/ complementary practitioners.
- People supporting friends or family coping with cancer

CONFERENCE OBJECTIVES

- Differentiate between treating the disease and treating the person
- Relieve suffering, even when medical or alternative intervention is ineffective against the cancer
- Reinforce hope, resilience, and the will to live
- Help people augment their medical regimen with their own healing abilities
- Enhance family coping
- Address stress and prevent burnout in caregivers
- Make caregiving a healthier, more rewarding experience

CONFERENCE INFORMATION

REGISTRATION FEE:

Postmarked by:

February 25	\$269
March 11	\$299
March 25	\$329
Final week	\$359

LOCATION

UCSF – Laurel Heights Conference Center
3333 California Street – Suite 20
San Francisco, California

DATE AND TIMES

Friday, April 1, 2005 ■ 9:00 a.m. to 5:00 p.m.
Saturday, April 2, 2005 ■ 9:00 a.m. to 5:00 p.m.

CONTINUING EDUCATION

Healing Journeys is approved by the California Board of Registered Nursing, Provider No. CEP 10808 and by the California Board of Behavioral Sciences, Provider No. PCE 953. (There is an additional \$10 processing fee for 14 CEUs.)

HOTEL ACCOMMODATIONS

A limited number of rooms are blocked at a small hotel across the street from the Laurel Heights Conference Center. When you mention Healing Journeys, the rate is \$148.50.

Laurel Inn
444 Presidio Avenue
San Francisco
(800) 552-8735

Additional hotels
are listed at
www.healingjourneys.org

CANCELLATIONS

If cancellations are received in writing prior to March 25, a refund (less a \$25 processing fee) will be made. No refunds after March 25.

MORE INFORMATION

If you need more brochures, or you have questions, please call 1-800-423-9882 or email: jan@healingjourneys.org.

In this two-day conference, four nationally-recognized psychosocial support experts will present the concepts and techniques of their craft, and include experiential practice for attendees.

Rachel Remen will be joined by Marion Weber, the Director of Experiential Education at the Institute for the Study of Health and Illness in presenting the work that they have done together at Commonweal for the past 15 years.

CANCER AND HEALING

Innovative Theories and Practices of Psychosocial Support

April 1 & 2, 2005

SAN FRANCISCO • CALIFORNIA

REGISTRATION FORM

Name _____

Address _____

City _____ State _____ Zip _____

Phone (day) (____) _____ (evenings) (____) _____

Email (legibly) _____

Please send me (#) _____ more flyers to give to my friends and colleagues.

REGISTRATION FEE:

If postmarked by:	<u>Feb. 25</u>	<u>March 11</u>	<u>March 25</u>	<u>Final week</u>
	\$269	\$299	\$329	\$359

I plan to register for Continuing Education Units (There is an additional \$10 processing fee.)

License # _____ Kind of License _____

PAYMENT METHOD:

Check made payable to Healing Journeys Visa MasterCard

Amount \$ _____

Card Number _____ Exp. Date _____

Signature _____

To register by mail, please fill out this form and send it to:

HEALING JOURNEYS
P.O. Box 221417
Sacramento, CA 95822

To register by phone, please call **(800) 423-9882**

You can register on-line at www.healingjourneys.org